



Neurological Associates of Washington

BELLEVUE

1600 116th Ave NE, Suite 302
Bellevue, WA 98004
Phone: 425-455-5440

KIRKLAND

13107 121st Way NE, Suite A
Kirkland, WA 98034
Phone: 425-899-6200

January 30, 2010

NEUROSURGERY

Jeffrey E. Pearce, M.D.

Diplomate, American Board of Neurosurgery
Surgery of the Spine and Peripheral Nerves.

Varun Laohaprasit, M.D.

Diplomate, American Board of Neurosurgery
Cranial surgery, Spinal Fusion and
Reconstruction

Ali J. Naini, M.D.

Diplomate, American Board of Neurosurgery
Minimally Invasive Surgery of Brain Tumors
and Vascular Lesions. Radiosurgery,
Kyphoplasty and Spinal Reconstruction.

NEUROLOGY

Joseph J. Robin, M.D.

Fellow, American Board of Neurology

R. Steven Singer, M.D.

Diplomate, American Board of Neurology

Rodney J. Johnson, M.D., PhD.

Diplomate, American Board of Neurology

James Y. Song, M.D., PhD.

Diplomate, American Board of Neurology

Erik R. Armitano, M.D.

Diplomate, American Board of Neurology

PEDIATRIC AND ADULT NEUROLOGY

A. Thomas Collins, M.D., F.A.A.P.

Diplomate, American Board of Neurology
with Special Competence in Child Neurology

RE: Your upcoming appointment.

We would like to welcome you to Neurological Associates of Washington and look forward to meeting you at your upcoming appointment. In order to help make the appointment most useful to you, we have included the following:

1. A **Reminder Form** (page 2 of this letter) with essential information regarding what to bring to your appointment. **Street directions** are included on page 4 of this letter.
2. A **Health Profile Form** (8 pages) to organize basic background information regarding your medical history. We have made great efforts to craft this form in a way that will require the least possible expenditure of your valuable time and have strived not to ask any unnecessary questions. We would be grateful if you could complete this form well in advance of your appointment and either fax it to us at 425-899-6228 or turn it in at the moment when you check in for your appointment at our office. Please note--If you are downloading this form from the Internet, remember to use the link that is at the bottom of Dr. Naini's personal webpage (i.e. the page with his picture on it), not the much longer form (> 8 pages) located elsewhere.

Please let us know if you have any suggestions or comments and feel free to contact us at 425-455-5440 if we might otherwise be of assistance. Sorry for all of these details, but they end up being truly helpful. If you have any suggestions for improvement, please let us know.

Thank you for the privilege of being involved in your care.

With best wishes,

The Staff at Neurological Associates of Washington



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Office hours:
Monday through Friday, 8AM to 5 PM

Reminder Form

Appointment Details:

Date: _____.

Time: _____.

Physician: Ali Naini, M.D.

Office location: Bellevue (please see address/directions on page 4).

It is very important to remember the following 7 points (sorry for these details, but unless we clarify them now, they will take up time away from our appointment):

1. **If your health insurance plan requires a referral** from a primary care physician, please make sure that your primary physician completes the appropriate referral forms and faxes them to our office as soon as possible at 425-899-6228.
2. Do you have a **Labor and Industries claim**? If so, the claim must be open and the Claim manager information and other information must be filled out in our Health Profile form.
3. Do you have a **motor vehicle accident claim**? If so, we must ask for payment at the time of your visit because we do not bill automobile insurance companies. Please list any attorney information (if applicable) on the Health Profile form and inform them of our office policy in this regard. Thank you.
4. Through secure web sites, we are able to download any imaging studies (i.e., X-rays, MRI, CT, etc.) that have been done at the following two facilities:

Evergreen Hospital/RADIA
Overlake Hospital/WASHINGTON IMAGING

Thus, if your relevant diagnostic studies were done at these two facilities, it is not necessary that you retrieve and bring the films in to your appointment because we can download them for you. (Of course, if you happen to have the films anyway, please bring them in as it may save some time). **IF YOUR IMAGING STUDIES WERE DONE ANYWHERE ELSE, PLEASE BE SURE TO HAVE YOU OR A FRIEND/FAMILY MEMBER PERSONALLY PICK UP YOUR FILMS AND BRING THEM IN TO OUR OFFICE.** A word of caution: Asking another office (e.g., the imaging facility or another physician's office) to send the films to us has, in our experience, been an extremely unreliable way to ensure that the films arrive here in time for your appointment. We would thus strongly advise that you or a trusted friend/family member **personally pick up** the films and physically bring them to our office. Not having the films with you at the time of your appointment can significantly hamper your evaluation and sometimes require the inconvenience of a later visit. Note, that we generally only need the films that identify the problem (or problems) for which you are being evaluated. Also, feel free to drop off the films at our office in advance of your appointment. If the problem is seen on studies done in prior years, please ask the imaging facility to give you all of these prior films so that we can analyze any changes in the problem over time. Lastly, if your films were done at Bellevue Medical Imaging then please ask them to print up a hard copy (X-Ray films sheets) of the films for you to bring here (their software is somehow not very compatible with ours). Sorry again for these details. By the way, if you have not had any films done, that is okay too. Thank you!

5. If you are being seen for a spinal problem, please forward to us the reports from any diagnostic injections (e.g., selective nerve root blocks, etc.) that you may have had for this problem. To do this, contact the office of the physician who did the injection and ask them to fax the reports directly to our office as soon as possible at 425-899-6228. They are usually pretty good about doing this.
6. Please be sure to fill out the **Health Profile form** which is either enclosed (if this letter is being mailed to you) or can be downloaded near the bottom of my webpage (websearch "ali naini"). Please do fill this form out well in advance of your appointment and remember to use a black pen so that the form can be scanned into our office network. As an added reminder, please make sure that you fill out the names and telephone numbers for your:
 - a. Referring physician
 - b. Primary care physician
 - c. Preferred pharmacy.
7. Lastly, please remember to bring **your health insurance card, drivers license** (a recent legal requirement) and any required co-payment (via cash, Visa or Mastercard) with you to your appointment.

Street Directions

Bellevue Office

1600 116th Avenue NE, Suite 302

Bellevue, WA 98004

425-455-5440

FROM THE SOUTH:

1. Take 405 North to Bellevue.
2. Take the NE 4th Street Exit.
3. Turn Right onto 4th Street, then the first Left onto 116th Avenue. Then see common directions from 116th (item #4) below.

FROM THE NORTH:

1. Travel on 405 South to Bellevue and take the 8th Street East Exit.
2. Take the 8th Street exit that will circle around and direct you East on the freeway overpass. Get into the far Left hand lane on the overpass because you will be making a Left turn at the next intersection.
3. The first intersection at the end of the freeway overpass is 116th Avenue NE. Turn Left onto 116th, then see common directions from 116th (item #4) below.

COMMON DIRECTIONS FROM 116th:

4. Continue North on 116th Avenue past Overlake Hospital (on your Left) and then NE 12th Street (= the North sided border of Overlake Hospital).
5. Remaining on 116th, about 100 yards past 12th Street on the Right hand side of the street you will see a sign for “1600 116th Avenue” (Bellevue Medical Park). Turn Right into this complex.
6. Continue straight in the parking lot to the far back section of the complex. Our Suite number is 302.